

Week commencing:

WARNER BAY EARLY LEARNING AND CARE CENTRE INC. WEEKLY MENU

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING TEA 2-5yrs	FRUITY BIX	CANNED PEARS CUSTARD	FRUIT PLATTER WM BREAD	FRUIT PLATTER CHEESE SLICE	FRUIT PLATTER CHEESE SLICE
0-1yrs	ALTERNATIVE: PUREE	FRUIT / MASHED BANANA			
BEVERAGES	MILK /WATER	MILK /WATER	MILK /WATER	MILK/WATER	
LUNCH 2-5YRS	BAKED BEANS WM PASTA BEETROOT CUCUMBER TOMATO DINNER ROLL 3-5 WHITE BREAD 0-3	OODLES OF NOODLES, CHICKEN, EGG, CHICKEN AND CHEESE BABY CARROTS BEANS WM BREAD	BEEF TACO'S TORTILLA WRAPS LETTUCE CHERRY TOMATO GR CHEESE GR CARROT	TUNA MORNAY BROWN RICE BROCCOLI CAULIFLOWER TURKISH BREAD 2-5 WHITE BREAD 0-2	LAMB WM PASTA BROCCOLI BEANS 0-2 CORN 2-5 1/2 BREAD ROLL 3-5 WM BREAD 0-3
0-1yrs	ALTERNATIVE :MINCE	MEAT, MASHED POTATO & PUMPKIN, PASTA . #	NO PEAS,CORN #. PUREE	FRUIT, YOGHURT.	
BEVERAGES	WATER	WATER	WATER	WATER	
AFTERNOON TEA 2-5yrs	WM PREMIUMS	BANANA SLICE MARG/NUTALEX JAM	SLICE CHEESE RICE CRACKER RICE CAKES 0-2 CUCUMBER	PUMPKIN SCONES MARG/NUTALEX CARROT	FRUIT LOAF/WM BREAD MARG/NUTALEX CHERRY TOMATO
0-1yrs #NO VEGETABLE	STICKS# ALTERNATIVE:	S'WICHES VARIETY			
BEVERAGES	MILK /WATER	MILK/WATER	MILK/WATER	MILK/WATER	
LATE PM TEA BEVERAGE	RICE CRACKERS WATER	RICE CRACKERS WATER	RICE CRACKERS WATER	RICE CRACKERS WATER	

1 Tray of fruit for Nursery, Dreatime 2 Trays for Preschool every day for afternoon tea

Our menu is subject to change due to produce availability. All meals are catered to be modified and or replace for food Allergies/Intolerances and for texture modification. Wholemeal bread is buttered unless stated on menus.

