

WEEK 5	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING TEA 2-5yrs	FRUIT/VEGETABLE PLATTER WM PREMIUMS	FRUIT/VEGETABLE PLATTER CHEESE SLICE	2 FRUITS VANILLA YOGHURT	FRUIT RICE CAKES VEGEMITE	FRUIT/VEGETABLE PLATTER B/ROOT
0-1yrs	ALTERNATIVE: PUREE FRUIT / MASHED BANANA				
BEVERAGES	MILK/WATER MILK /WATER MILK WATER MILK /WATER MILK/WATER				
LUNCH 2-5YRS	ASIAN LAMB STIR FRY MELANGE VEGETABLES WM SHELL PASTA DINNER ROLL 3-5 WHITE BREAD 0-3	CHICKEN PASTA BROCCOI CARROTS WM BREAD	SAVOURY MINCE PASTA BROCCOLI CAULIFLOWER HI FIBRE LO GI BREAD	CHEESE EGG WM PASTA BEETROOT CUCUMBER GR CARROT MINI WRAPS	POTATO & CHICKEN UPSIDE DOWN PIE BEANS 0-2's CARROT RINGS BROCCOLI 0-2's TANK LOAF
0-1yrs	ALTERNATIVE :MINCE MEAT,MASHED POTATO & PUMPKIN, PASTA . #NO PEAS,CORN #. PUREE FRUIT, YOGHURT.				
BEVERAGE	WATER WATER WATER WATER WATER				
AFTERNOON TEA 2-5yrs	RICE CAKES	TURKISH BREAD CORN RELISH DIP	BANANA BREAD MARG/NUTALEX	WM VIENNA BREAD	RICE CAKES HOMMUS
0-1yrs #NO VEGETABLE	STICKS, POPCORN, PRETZELS # ALTERNATIVE:SWICHES VARIETY				
BEVERAGES	MILK /WATER MILK /WATER MILK/WATER MILK /WATER MILK/WATER				
LATE PM TEA BEVERAGE	RICE CRACKERS RICE CRACKERS RICE CRACKERS RICE CRACKERS RICE CRACKERS WATER WATER WATER WATER WATER				

1 Tray of fruit for Nursery & Dreamtime. 2 Trays of fruit for Preschool every day for afternoon tea.

Our menus is subject to change due to produce availability. All meals are catered to be modified and or replace for foods Allergies/Intolerances and for texture modification. Whole meal bread is buttered unless stated on menus.

