

Nursery Room Daily Rhythm

7:30am: Centre opens. Staff, Children and Families greet each other and exchange information. Children make the transition from home to the centre and begin self-directed play within the environment with Educators support.

9:00am: We offer both indoor and outdoor experiences to accommodate and embrace each child's individual needs and interests.

Ongoing throughout the morning: Some children will need a nappy change with a trusted Educator other children are getting ready for their bottles or sleep.

9:20am: Morning tea is served.

11:20am: Group time. Educators interact with the children in small groups. E.g. gardening, playing instruments, embracing literature and language, dancing and other interest based small group experiences.

11:20am: Lunch is served.

12:00pm: Sleep/Rest: Most children will be ready for bed and need a familiar Educator to settle with and change their nappy. Other children will need a bit longer at quiet activities or a story before rest with others that have had a morning sleep. Lights are dimmed and restful music is played.

12:30pm: Children who are awake engage in independent and teacher directed play while others settle to sleep.

2:00pm: Some children begin to wake and we move outside. As the children wake they may need a quiet moment with an educator, a cuddle and a chat. After a nappy change it is time for afternoon tea. Self-help skills and hygiene practices are always reinforced.

After afternoon tea some children will be getting ready for an afternoon sleep

4:00 onwards: Begin to pack away outdoor environment.

5:00 : We move to the big yard and group all together.

5:15pm: Late afternoon tea for those that are hungry .

6:00pm: CENTRE CLOSES - see you next time.